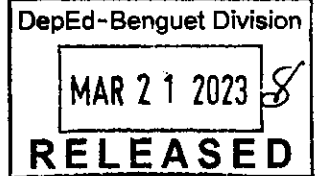




Republic of the Philippines
Department of Education
Cordillera Administrative Region
Schools Division of Benguet



March 16, 2023

DIVISION MEMORANDUM

NO. 90 S. 2023

**TO: CID AND SGOD CHIEFS
PUBLIC SCHOOLS DISTRICT SUPERVISORS
PUBLIC, PRIVATE ELEMENTARY AND SECONDARY SCHOOL HEADS
ALL OTHERS CONCERNED**

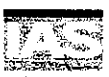
**DIVISION REFRESHER COURSE AND ACCREDITATION OF TECHNICAL
OFFICIALS AND COACHES**

1. In preparation for the conduct of the face-to-face Benguet Provincial Athletic Meet on April 1-5, 2023, there will be a sports refresher course and accreditation in Arnis, Gymnastics, Basketball, Boxing, Volleyball, Taekwondo, Dance Sports and Billiard on **March 25 & 26, 2023**, to be conducted at Benguet National High School and other training venues. (See enclosure).
2. The training aims to update/enrich the knowledge and skills of the participants on new changes on rules in officiating and coaching.
3. Participants to this activity are the selected public and private elementary and secondary coaches, and technical officials of the said Provincial Meet.
4. Participants must be physically fit and are willing to demonstrate the different skills being taught. Proper attire (jogging pants, shirts and rubber shoes are required each participant. Pregnant mothers are discouraged to attend.
5. Participants are required to complete the two-day training to be given a certificate of participation/recognition.
6. Training-participants are entitled for service credits/compensatory overtime credits for their attendance on the above dates.
7. Related expenses incurred by the participants like fare/fuel in connection with this activity shall be charged to local funds subject to the usual accounting rules and regulations, while meals and snacks will be provided charged to SEF and HRTD funds.
8. For queries, please contact Ceasar B. Luma-ang, Division Sports Coordinator at CP # 09283188179.
9. Immediate and wide dissemination of this memo is desired.

GLORIA B. BUYA-AO
Schools Division Superintendent



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Division Refresher Course and Accreditation of Technical Officials and Coaches

Venue: Benguet National High School, La Trinidad, Benguet

Date & Time: March 25, 2023, 8:00 AM Onwards

PROGRAM OF ACTIVITIES		
ACTIVITY	POINT PERSON	
Day 1 8:00 AM		
I. Nationalistic Activities: a) Pambansang Awit b) Prayer c) Benguet Hymn d) Cordillera Hymn e) Shake-Shake Shake	AVP - Secretariat	
II. Program Proper a) Welcome Remarks b) Message	Lucio B. Alawas – CES, SGOD Gloria B. Buya-ao - SDS	
10:00 AM	H E A L T H	B R E A K
III. Updates on Sports: 2023 Benguet Provincial Athletic Meet	Ceasar B. Luma-ang – EPS, Div. Sports Coordinator	
IV. Sports Science, Nutrition and Psychology	Mary Ann Grace Mapangdol, T-III Tuba Central School	
V. Break Away: Updates/Orientation/Training per Event	C/o the trainers/speakers in arnis, gymnastics, basketball, billiards, boxing, dance sports & volleyball	
12:00 NN	L U N C H	B R E A K
Break Away: Continuation of Updates/Orientation/Training per Event	C/o the trainers/speakers in arnis, gymnastics, basketball, billiards, boxing, dance sports & volleyball	
3:00 PM	H E A L T H	B R E A K
Break Away: Continuation of Updates/Orientation/Training per Event	C/o the trainers/speakers in arnis, gymnastics, basketball, billiards, boxing, dance sports & volleyball	
Day 2 to Day 3 8:00 AM		
MOL	Assigned Participants	
Break Away: Continuation of Updates/Orientation/Training per Event	C/o the trainers/speakers in arnis, gymnastics, basketball, billiards, boxing, dance sports & volleyball	
10:00 AM	H E A L T H	B R E A K
Break Away: Continuation of Updates/Orientation/Training per Event	C/o the trainers/speakers in arnis, gymnastics, basketball, billiards, boxing, dance sports & volleyball	
12:00 NN	L U N C H	B R E A K
Break Away: Continuation of Updates/Orientation/Training per Event	C/o the trainers/speakers in arnis, gymnastics, basketball, billiards, boxing, dance sports & volleyball	
3:00 PM	H E A L T H	B R E A K
Break Away: Continuation of Updates/Orientation/Training per Event	C/o the trainers/speakers in arnis, gymnastics, basketball, billiards, boxing, dance sports & volleyball	
Day 3 4:30 PM		
Closing Program: a) Pilipinas Kong Mahal b) Awarding of Certificates of Participation and Recognition c) Challenge d) Closing Prayer	Participant SDO Personnel Lucio B. Alawas, CES, SGOD Participant	
	Home	Sweet Home

Prepared by:

CEASAR B. LUMA-ANG
Education Program Supervisor
Div. Sports Coordinator